Adverse Childhood Experiences

10 ACEs
- Parental Divorce or Separation
- Caregiver in Jail or Prison
- Caregiver Depression, Mental Illness or Suicide Attempt
- Domestic Violence or Threats
- Emotional Abuse or Neglect
- Sexual Abuse or Exposure
- Food, Clothing or Housing Insecurity
- Physical Abuse, Hitting or Slapping
- Caregiver Problem with Drugs or Alcohol
- Felt Unsupported, Unloved and Unwanted

Adverse Community Environments

Poor Housing Quality and Affordability
- Systemic Racism & Discrimination
- Deterioration of Physical Environment
- Lack of Access to Educational Opportunities
- Low Sense of Collective Political and Social Efficacy

Intergenerational Transmission

Social-Cultural Environment
- Physical Environment
- Economic Environment

ACEs Being Studied
- Placement in Foster Care
- Bullying or Harassment at School
- Parent or Guardian Died
- Separated from Caregiver through Deportation or Immigration
- Medical Procedure(s) or Life Threatening Illness
- Frequent School or Neighborhood Violence
- Treated Badly Because of Race, Sexual Orientation, Place of Birth, Disability or Religion

Intergenerational Poverty
- Lack of Opportunity and Economic Mobility
- Poor Transportation Services or System
- Community Disruption
- Damaged Social Networks and Trust
- Unhealthy Products
- Long-Term Unemployment

Adapted From: Ellis W. Dietz BCR Framework Academic Peds (2017) ©Center for Child Counseling

Source: Center for Youth Wellness, ACE Questionnaire
Feels Loved by Parent(s) or Primary Caregiver
Supportive Family Relationships
Parent(s) or Primary Caregiver Enjoy Playing with Child
Relatives Provide Support When Sad or Worried
Support from Teacher, Coach, Youth Leader, or Minister

Supportive Community Relationships
Caring Neighbors or Family Friends

Positive Community Environments
Available, Affordable Quality Housing
No Racism or Discrimination
Clean and Safe Physical Environment
Access to Educational Opportunities
High Sense of Collective Political and Social Efficacy

Hope and Resilience
Family Cares about Child's School Work and Performance
Family, Neighbors, and Friends Talk About Making Lives Better
Rules, Structure, and Expectations in Household
Someone Trusted to Talk to When Feeling Bad
Adults Who Notice Child's Strengths and Accomplishments
Sense of Independence Positive Outlook on Life

Resiliency Building Experiences
Buffering Relationships
Feels Loved by Parent(s) or Primary Caregiver
Supportive Family Relationships
Parent(s) or Primary Caregiver Enjoy Playing with Child
Relatives Provide Support When Sad or Worried
Support from Teacher, Coach, Youth Leader, or Minister

Physical Environment
Economic Environment
Social-Cultural Environment
Lots of Opportunity and Economic Mobility
Quality Transportation Services or System
Cohesive Social Networks and Trust
Access to Healthy Products and Foods
Employment Opportunities

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