



Dear Parents and Caregivers,

We are pleased to be partnering with Center for Child Counseling (CFCC) to provide integrated mental health services for your child, teen, and family.

What to Expect

Once you are referred to Center for Child Counseling's Pediatric Integration Program, staff will attempt to contact you within 2 business days to complete the prescreening process. This process will include specific questions about presenting concerns, needs, completing consents for services, and an assessment of child and family stressors, need for referral to other community agencies and/or specialty providers.

Once the prescreening is complete, CFCC will link you to identified resources which may include setting up an intake to complete a formal assessment and treatment plan to guide mental health services. Typically, this process takes 2-3 weeks after the prescreening, but may vary depending on child and family needs, therapist availability or speciality, or location of the services. Telehealth options are available.

Please Note: This is a new partnership and CFCC is continuing to build capacity to serve more of Palm Beach Pediatrics' (PBP) patients by hiring more therapists. With consent, services are offered at no charge. To make this a smooth process for you, CFCC has a dedicated Intake Care Coordinator for PBP patients.

**If you have an immediate need or concern, please reach out to
support@centerforchildcounseling.org**

Center for Child Counseling is here to help your child or teen and your family with their mental health and wellness. The organization's programs were designed to provide support and treatment to make a positive difference for your child's development, mental health, and resilience.

We are looking forward to working with you as partners in helping your child and family!

Your child's and family's care is very important to us and we will do everything possible to ensure timely and quality care. If you have any questions, please feel free to reach out to CFCC at 561-244-9499 or support@centerforchildcounseling.org.

Center for Child Counseling offers the following types of services:

- Intake Evaluations
- Individual Therapy
- Family Therapy
- Care Coordination
- Prevention Groups
- Workshops and Education

Who Will Have Access to Information About My Child and Family?

All of the information CFCC obtains about your child and family is strictly confidential. We are not permitted to share medical information with anyone unless we have your consent or unless there is some emergency, or to provide continuity of care, when your permission has already been provided. This could include your child's pediatrician or other health care provider.

Programs and Resources

Center for Child Counseling is a resource for parents, caregivers, and professionals who live or work with children and teens. A part of the organization's goal is to provide helpful, reliable, and scientifically-sound tips and resources. Here are a few that may be helpful:

Online Resources at Center for Child Counseling

- www.centerforchildcounseling.org/resources
- www.centerforchildcounseling.org/programs
- www.centerforchildcounseling.org/waystotalk
- www.centerforchildcounseling.org/parentresources
- www.centerforchildcounseling.org/awayofbeingtipsheets
- www.centerforchildcounseling.org/resources/childresources

Parent and Caregiver Workshops

CFCC provides an array of free, online parenting workshops that are online and can be taken at your convenience, from the comfort of your home.

Learn more at: www.centerforchildcounseling.org/welearnplay

Emergency Numbers

For any immediate safety concerns or emergencies, please dial 911.

211 or www.211palmbeach.org

211 is a community helpline and crisis hotline that provides suicide prevention, crisis intervention, information, assessment, and referral to community services for people of all ages.

JFK North Youth Services

561-881-2670

Mobile Crisis Team

Mobile Response Main 561-637-2102

Mobile Response North 561-693-8681

Mobile Response West 561-382-3555

Center for Child Counseling

Resources and information can be found on our website at www.centerforchildcounseling.org.

- Crisis and Disaster: www.centerforchildcounseling.org/crisis
- FAQs: www.centerforchildcounseling.org/frequently-asked-questions

Main Organization Contact Information:

561-244-9499 ext. 2

You can email info@centerforchildcounseling.org if you have general questions or concerns about your child's or family's experience.