



Struggling with difficult behaviors?

SNAP® stands for STOP NOW AND PLAN.

Helping children stop and think before they act.

“

We are so glad we completed SNAP!

We have done a tremendous amount of work setting boundaries, consequences, and limits.”

SNAP® parents of boy, age 7



POWERED BY THE MINDS AT CHILD DEVELOPMENT INSTITUTE

is **FREE** for Families in
Palm Beach County!

snap@centerforchildcounseling.org

561-244-9499

www.centerforchildcounseling.org



Who should attend SNAP®?

SNAP® is for children ages 6-11 who are engaging in problematic behaviors at home, at school, or in the community.

Behaviors may include lying, stealing, verbal aggression, physical aggression, disruptive behavior, or anger towards siblings or peers.

What is SNAP® ?

SNAP® is an award-winning program proven to be effective for children who are experiencing behavior issues.

The primary goal of SNAP® is to help children to stop and think before they act, keep them in school, and out of trouble.

How Can SNAP® Help ?

Families report that SNAP® improves parent-child relationships and emotional regulation with:

- Reduced stress and anxiety
- Reduced rates of depression
- Increased overall happiness
- Improved self-confidence
- Development of positive, pro-social values
- Enhanced ability to make better choices with peers

SNAP® is funded by...

