Healthy Babies, Healthy Children, Healthy Life: A Symposium

THURSDAY, SEPTEMBER 30, 2021
9:00AM - 2:30PM

Zoom Webinar

Featured Speakers

Veronique Mead, M.D.  Eugenia Millender, Ph.D.  Stephanie De La Cruz, LMHC  Nida Paul, LMHC

Participants will learn about...

- Epigenetics and the intergenerational transmission of ACEs
- Opportunities to prevent, repair and heal the effects of Adverse Babyhood Experiences (ABEs)
- The impact of Positive and Adverse Childhood Experiences (PACEs) on developing brains, resilience, and lifelong health

Learn More or Register:
www.tinyurl.com/healthybabies21

Did you know that trauma can leave a chemical mark on a person’s genes, which can then be passed down to future generations?

Have you ever heard of Adverse Babyhood Experiences (ABEs)—which are distinct from Adverse Childhood Experiences (ACEs)? Do you wonder how healing, prevention, and building resiliency can mitigate trauma? Then this symposium is for you!
Cost: $150: Discounts are available for early registration, students, and nonprofits in Palm Beach County!

Email Dominika@centerforchildcounseling.org to request your discount code.

Healthy Mothers Healthy Babies of Palm Beach County is approved through the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling, Florida Board of Psychology, and Florida Board of Nursing- CE Provider Number #50-28664.

Schedule

- 09:00-9:15am - Introduction
- 09:15-10:00am - Eugenia Millender, Ph.D.: Epigenetics and the Intergenerational Transmission of ACEs
- 10:00-12:15pm - Veronique Mead, MD, MA: 6 Opportunities to Prevent, Repair and Heal Effects of Adversity in Early Life: Insights from Adverse Babyhood Experiences (ABEs)
- 12:15-12:45pm - Break
- 12:45-2:30pm - Nida Paul, LMHC, NCC; Stephanie De La Cruz, LMHC, RPT-S: Positive and Adverse Childhood Experiences (PACEs) Impact on the Developing Brain, Resilience, and Lifelong Health

Featuring

Veronique Mead, MD, MA, SEP, PPNP was an Assistant Professor of Family Medicine and Obstetrics at the New Hampshire-Dartmouth Family Practice Residency program before changing careers to retrain as a Somatic Therapist at Naropa University. She integrates findings from diverse fields of research into a new paradigm for making sense of chronic illness. Her work also helps identify, repair and prevent risk for the epidemic of chronic behavioral, emotional, and other chronic conditions in parents and children. This paradigm is informed by therapist training as a pre and perinatal professional (PPNP), as a Somatic Experiencing Practitioner (SEP), exploration through personal, developmental, relational and other trauma work to understand her chronic illnesses, and exploring the possibilities for healing and recovery from this new lens. Veronique is a speaker, teacher and writer who shares the science on her blog Chronic Illness Trauma Studies.com to support the need for trauma-informed care in medicine and beyond.