Adverse Childhood Experiences

10 ACEs

Parental Divorce or Separation
Caregiver in Jail or Prison
Caregiver Depression, Mental Illness or Suicide Attempt
Domestic Violence or Threats
Emotional Abuse or Neglect
Sexual Abuse or Exposure
Food, Clothing or Housing Insecurity
Physical Abuse, Hitting or Slapping
Caregiver Problem with Drugs or Alcohol
Felt Unsupported, Unloved and Unwanted

ACEs Being Studied

Placement in Foster Care
Bullying or Harassment at School
Parent or Guardian Died
Separated from Caregiver through Deportation or Immigration
Medical Procedure(s) or Life Threatening Illness
Frequent School or Neighborhood Violence
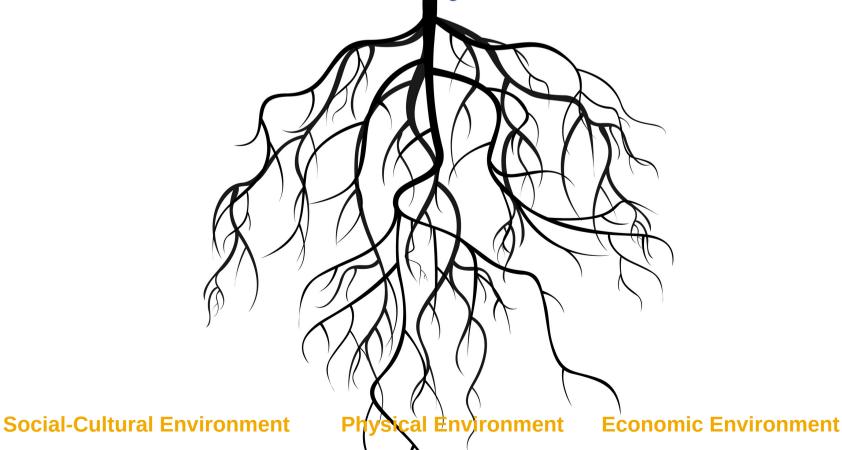Treated Badly Because of Race, Sexual Orientation, Place of Birth, Disability or Religion

Source: Center for Youth Wellness, ACE Questionnaire

Intergenerational Transmission

Adverse Community Environments

Poor Housing Quality and Affordability
Systemic Racism & Discrimination
Deterioration of Physical Environment
Lack of Access to Educational Opportunities
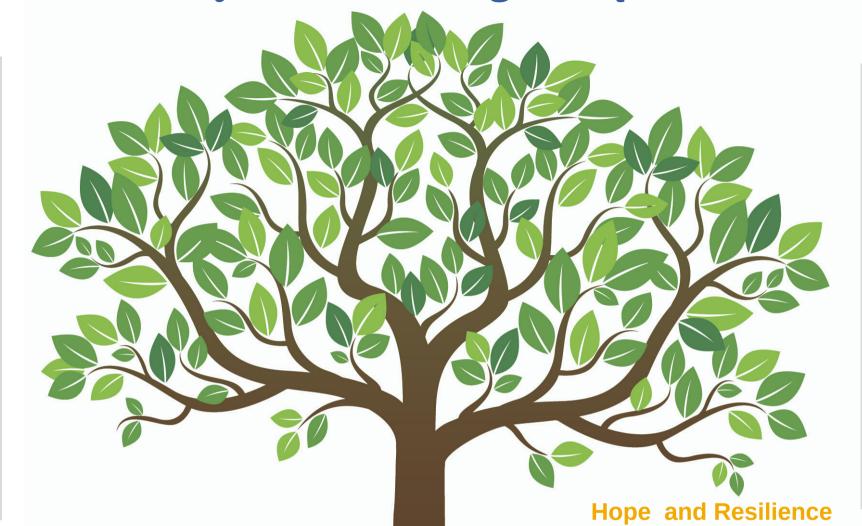Low Sense of Collective Political and Social Efficacy

Intergenerational Poverty
Lack of Opportunity and Economic Mobility
Poor Transportation Services or System
Community Disruption
Damaged Social Networks and Trust
Unhealthy Products
Long-Term Unemployment

Social-Cultural Environment   **Physical Environment**   **Economic Environment**

Adapted From: Ellis W. Dietz BCR Framework *Academic Peds* (2017)

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Resiliency Building Experiences
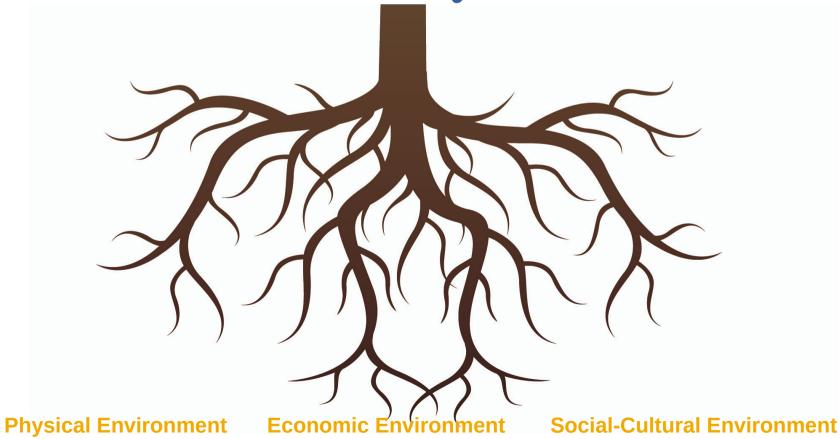
Buffering Relationships

Feels Loved by Parent(s) or Primary Caregiver

Supportive Family Relationships

Supportive Community Relationships

Parent(s) or Primary Caregiver Enjoy Playing with Child

Relatives Provide Support When Sad or Worried

Caring Neighbors or Family Friends

Support from Teacher, Coach, Youth Leader, or Minister

Family Cares about Child's School Work and Performance

Family, Neighbors, and Friends Talk About Making Lives Better

Rules, Structure, and Expectations in Household

Someone Trusted to Talk to When Feeling Bad

Adults Who Notice Child's Strengths and Accomplishments

Sense of Independence

Positive Outlook on Life

Hope and Resilience

Positive Community Environments

Available, Affordable Quality Housing

No Racism or Discrimination

Clean and Safe Physical Environment

Access to Educational Opportunities

High Sense of Collective Political and Social Efficacy

Lots of Opportunity and Economic Mobility

Quality Transportation Services or System

Cohesive Social Networks and Trust

Access to Healthy Products and Foods

Employment Opportunities

Physical Environment   Economic Environment   Social-Cultural Environment