### Adverse Childhood Experiences

#### **10 ACEs**

Parental Divorce or Separation Caregiver in Jail or Prison Caregiver Depression, Mental Illness or Suicide Attempt Domestic Violence or Threats Emotional Abuse or Neglect Sexual Abuse or Exposure Food, Clothing or Housing Insecurity Physical Abuse, Hitting or Slapping Caregiver Problem with Drugs or Alcohol

Felt Unsupported, Unloved and Unwanted

# Adverse Community Environments

Poor Housing Quality and Affordability Discrimination Deterioration of Physical Environment Lack of Access to Educational Opportunities Low Sense of Collective Political and Social Efficacy

Social-Cultural Environment

Adapted From: Ellis W. Dietz BCR Framework Academic Peds (2017)

#### **ACEs Being Studied**

Placement in Foster Care Bullying or Harassment at School Parent or Guardian Died Separated from Caregiver through Deportation or Immigration Medical Procedure(s) or Life Threatening Illness Frequent School or Neighborhood Violence Treated Badly Because of Race, Sexual Orientation, Place of Birth, Disability or Religion

Intergenerational Transmission

Source: Center for Youth Wellness, ACE Questionnaire



Intergenerational Poverty Lack of Opportunity and Economic Mobility Poor Transportation Services or System Community Disruption Damaged Social Networks and Trust Unhealthy Products Long-Term Unemployment

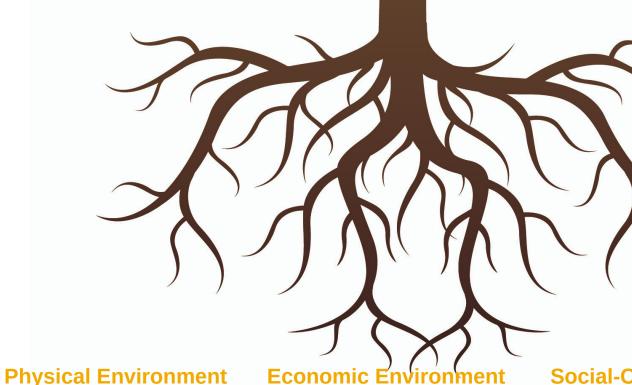
### **Resiliency Building Experiences**



#### **Buffering Relationships**

Feels Loved by Parent(s) or Primary Caregiver Supportive Family Relationships Supportive Community Relationships Parent(s) or Primary Caregiver Enjoy Playing with Child **Relatives Provide Support When** Sad or Worried Caring Neighbors or Family Friends Support from Teacher, Coach, Youth Leader, or Minister

# Positive Community Environments



Available, Affordable Quality Housing Lack of Discrimination Clean and Safe Physical Environment Access to **Educational Opportunities** High Sense of Collective Political and Social Efficacy **Hope and Resilience** 

Family Cares about Child's School Work and Performance Family, Neighbors, and Friends Talk About Making Lives Better Rules, Structure, and Expectations in Household Someone Trusted to Talk to When Feeling Bad Adults Who Notice Child's Strengths and Accomplishments Sense of Independence Positive Outlook on Life



Lots of Opportunity and Economic Mobility Quality Transportation Services or System **Cohesive Social Networks** and Trust Access to Healthy Products and Foods **Employment Opportunities** 

#### Social-Cultural Environment

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