



Center for Child Counseling

**Every day in
Palm Beach County,**
babies, toddlers,
and children are
the victims of abuse
and neglect.

Their
stories would
break your heart.
At the Center for Child
Counseling, we listen
to these children.

**We hear.
They heal.**

**And you
can help us
help them.**

playful.
healthful.
hopeful.



our mission

Building the foundation for playful, healthful, and hopeful living for children and families in Palm Beach County.

How great is the need for our counseling services?

Unfortunately, too many children need our help.

But thanks to your generosity, we can provide comfort, strength, healing, and hope to more children every year.



IN THE NEXT YEAR

3,000

pediatricians, nurses, teachers, caregivers, police officers, and mental-health professionals **will receive training from us.**

15 SITES

in our county where families can **ACCESS OUR SERVICES**

2,400

CHILDREN

will receive direct services from us in 1 YEAR



48%

of children in the U.S. have experienced at least one type of serious childhood **TRAUMA**



1 in 5

children suffer from **MENTAL HEALTH ISSUES**



50%

of all children entering foster care monthly are **6 or younger**

who do we **help?**

Abuse and neglect don't discriminate. Neither do behavioral issues or family dysfunction.

The therapists at Center for Child Counseling work with traumatized children across the socioeconomic spectrum – from every neighborhood in Palm Beach County, from every type of family situation.

And we address a range of issues, including depression, anxiety, grief, anger management, parent-child attachment, and difficulty adjusting to separation or divorce.



“Because of donors like you, my kids got help right away, and they were able to just be kids again.”

– Emily

Help us help local families.

DONATE TODAY!

See page 6 for details.



We help moms like Emily:

“There were many ‘last straw’ moments, but when my now ex-husband struck Chloe for the first time, I knew we had to get out. A therapist from Center for Child Counseling came to the shelter where we were staying and explained they would be using play therapy to help my children process the trauma they had experienced. Because of donors like you, my kids got help right away, and they were able to just be kids again.”

childhood trauma

Why has childhood trauma been called 'the single greatest unaddressed public health threat facing our nation today?'

Trauma isn't something a child can outgrow.

Repeated exposure to abuse, neglect, or household dysfunction actually alters the way a young brain develops.

If issues aren't addressed early, they often lead to lifelong physical and mental health problems – a decades-long ripple effect felt by the individual, his or her family, and the community.



ACEs: Education about Adverse Childhood Experiences (ACEs) is critical. Prevention is key. **Early intervention is imperative.**

Adults who had ACEs have:

A 1,200% INCREASED RISK OF SUICIDE

And are:

2X'S

as likely to smoke, develop heart disease, or **CANCER**

And are: 7X'S more likely to abuse **ALCOHOL**

\$1 vs. \$8

CHILDHOOD VS. ADULTHOOD TREATMENT

For every \$1 we spend to treat early childhood trauma, it would cost \$8 to treat the effects of that trauma in adulthood.



Investing early in treatment can change the trajectory of an entire family – **AND COMMUNITY.**

*Dr. Robert Block, former president, American Academy of Pediatrics

our programs

How do we fight the effects of trauma?

Through these programs, which are designed to support children, their families, and their caregivers:



► **Child and Family Center:**



Located in Palm Beach Gardens, the center is a safe place for children to heal and for families to resolve problems. It contains state-of-the-art play therapy rooms where children, parents, and therapists can work together.



► **Child First**

The first program of its kind in Palm Beach County, Child First is a national, evidence-based, early childhood intervention that helps

heal young children from the devastating impact of trauma and chronic stress.



► **Infant Mental Health**

Focusing on social and emotional



► **Childhood Trauma Response**



We step in immediately to help children exposed to traumatic events or situations.

► **Children's Behavioral Health Collaborative**



As a core partner in this effort, we connect children and families with the help they need.

► **Childcare and Community Social-Emotional Wellness**



We take prevention, early intervention, and counseling services into childcare center, schools, and shelters.

play therapy

Play therapy is at
the heart of what we do.

Play is the language of children, and toys are the words they use to convey feelings related to grief, abuse, and other traumatic events.

How does play therapy help a child heal?

Using puppets or stuffed animals, dollhouses or toy cars, our registered play therapists and interns engage a child in play that explores any issues he or she is facing – whether it's jealousy over a new sibling, sadness over the loss of a grandparent, frustration with a teacher, or fear of a family member's visit.



“We can talk about resolving emotions in the language in which children are fluent.”

.....
Through play therapy,
we pick up the pieces of a broken child and help **make him or her whole again.**

Want to know more?

Free telephone consultation,
561.244.9499



how can you **help?**

Here are all the ways you can help make **a lasting impact in our community:**

Every February we host our annual fundraiser gala. Attend and help support the heart of our mission.

Our community's babies and children are waiting for you to:

1

DONATE.

Make a tax-deductible contribution by filling out the form below and mailing us your donation.



Center
for Child
Counseling

2

VOLUNTEER.

As a nonprofit, we rely on volunteers, interns, and others to help us fulfill our mission for the lowest possible cost.

**CALL:
561.244.9499.**

3

BUY A TOY.

We keep our play-therapy rooms well-stocked, but over time, the well-loved toys need replacing. Items on our wish list include developmental toys, musical instruments, and art supplies.

7731 N. Military Trail, Suite 4, Palm Beach Gardens, FL 33410

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Please complete and mail to:

Center for Child Counseling

7731 N. Military Trail, Suite 4
Palm Beach Gardens, FL 33410

561.244.9499 | givecfcc.org

centerforchildcounseling.org

Contributions in any amount are greatly appreciated.

- \$50 \$100
 \$250 \$500
 Other \$ _____

Name/Business: _____

Billing Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Payment Method: Check Credit Card Amount: \$ _____

Cardholder's Name: _____ Expiration: _____

Card Number: _____ Code: _____

I would like to donate this amount:

- Once Monthly Quarterly Semi-annually Annually

Contributions benefit the Center for Child Counseling, Inc. a not for profit organization. A COPY OF THE OFFICIAL REGISTRATION AND FINANCIAL INFORMATION OF THE CENTER FOR CHILD COUNSELING, INC., CH21286, MAY BE OBTAINED FROM THE DIVISION OF CONSUMER SERVICES AT www.800helpfla.com OR BY CALLING 1-800-435-7352. REGISTRATION DOES NOT IMPLY ENDORSEMENT, APPROVAL, OR RECOMMENDATION BY THE STATE. The Center for Child Counseling, Inc. receives 100% of each contribution.



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Center for Child Counseling

is proud to be a Guidestar Platinum-level Guidestar participant – the highest level, a Top-Rated Nonprofit and accredited by Nonprofits First in recognition of our commitment to transparency and accountability.



Helping children
heal stops the
intergenerational cycle
of abuse and
adversity
**in our
community.**



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to donate online: givecfcc.org